

LE FLORE

SALADS

	SMALL	BIG
Grilled Chicken Caesar Salad	5 QR	10 QR
Garden Salad	5 QR	10 QR
Fatoush Salad	5 QR	10 QR
Nicoise	5 QR	10 QR
Tuna Pasta Salad	5 QR	10 QR
Chicken Pasta	5 QR	10 QR
Sweet Corn Salad	5 QR	10 QR
Tabouli	5 QR	10 QR
Moroccan Salad	5 QR	10 QR



FATAYER

Zaatar	4 QR
Cheese	5 QR
Pizzas Vegetable	5 QR
Pizzas Margarita	5 QR
Pizzas Mortadella	6 QR



APPETIZER

Grilled Potato	6 QR
Vine Leave	6 QR
Hummus + Bread	6 QR
Sweet Corn	5 QR



SANDWICHES

	SMALL	BIG
Hotdog with cheese	5 QR	8 QR
Mortadella Chicken/Beef	5 QR	8 QR
Chicken/Beef burger w/ Cheese		8 QR
Treo Sandwich		9 QR
Turkey Sandwich	5 QR	9 QR
Cheese Sanwich	5 QR	8 QR
Fajita	5 QR	8 QR



Quesadella plate	5 QR	9 QR
Tuna	5 QR	8 QR
Fajafel	5 QR	7 QR
Shawarma Plate	5 QR	8 QR
Smoke Chicken	5 QR	9 QR

CLUB SANDWICHES

Chicken Ham	10 QR
Feta	10 QR
Mozarella	10 QR
Turkey&Cheese	10 QR
Tuna	10 QR



DRINKS

Fresh Juice	8 QR
Juice 100% in bottle	3 QR
Full Fat/Low Fat Milk 200ml	3 QR
Low Fat/Full Fat Laban	3 QR
Plain/Flavored Youghurt	3 QR
Mineral Water 330ml	1 QR



BREAKFAST MEAL MENU FOR 10QAR

1

WEEK

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY

VEGGIE OMELETTE
PANCAKE
VEGETABLE QUICHE
CHEESE FATAYER
ZAATER CROISSANT

BREAD
FRUIT CUP
BREAD
VEGETABLE CUP
VEGETABLE CUP

MILK
MILK
MILK
MILK
MILK

2

WEEK

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY

SCRAMBLED EGG
CORN FLAKES
MORTADELLA FATAYER
SESAME CROISSANT
LAWNEH WITH BAKHWAH BREAD

BREAD
VEGETABLE CUP
FRUIT CUP
FRUIT CUP
VEGETABLE CUP

MILK
MILK
MILK
MILK
MILK

3

WEEK

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY

MASHED POTATO
CHEESE OMELETTE
ZAATER FATAYER
VEGETABLE PIZZA
MUSHROOM OMELETTE

BREAD
BREAD
VEGETABLE CUP
FRUIT CUP
BREAD

MILK
MILK
MILK
MILK
MILK

4

WEEK

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY

MARGARITA PIZZA
CREPE
VEGGIE OMELETTE
LAWNEH FATAYER
MUSHROOM QUICHE

FRUIT CUP
BREAD
BREAD
VEGETABLE CUP
BREAD

MILK
MILK
MILK
MILK
MILK

LUNCH MEAL MENU FOR 15 QAR

1

WEEK

SUNDAY	TAGHLATEL PASTA	CHICKEN MUSHROOM WHITE SAUCE WITH RICE	SALAD	FRUIT	WATER
MONDAY	SHREDDED BEEF WITH RICE	GRATIN CHICKEN	SALAD	YOUGHURT	WATER
TUESDAY	LASAGNA SPINACH	BIRYANI BEEF	SALAD	FRUIT	WATER
WEDNESDAY	GARLIC CHICKEN WITH POTATO	PASTA VEGETABLE	SALAD	YOUGHURT	WATER
THURSDAY	VEGETABLE MILLE FEUILLE	STUFFED KOFTA	SALAD	FRUIT	WATER

2

WEEK

SUNDAY	BIRYANI CHICKEN	BEEF STEW	SALAD	FRUIT	WATER
MONDAY	VEGETABLE NOODLES	EGGPLANT WITH KOFTA	SALAD	YOUGHURT	WATER
TUESDAY	MEATBALLS WITH MASHED POTATO	PENNE PASTA WITH PESTO SAUCE	SALAD	FRUIT	WATER
WEDNESDAY	MIXED GRILLED WITH RICE	SPAGHETTI BOLOGNESE	SALAD	YOUGHURT	WATER
THURSDAY	CHICKEN SAUCE SUPREME	CAJUN CHICKEN PASTA	SALAD	FRUIT	WATER

3

WEEK

SUNDAY	CANNELONI VEGETABLE	STEAK CHICKEN WITH VEGETABLE	SALAD	FRUIT	WATER
MONDAY	COUSCOUS CHICKEN	FETUCINE PASTA WITH SMOKED TURKEY	SALAD	YOUGHURT	WATER
TUESDAY	LASAGNA SPINACH	TERRIYAKI CHICKEN	SALAD	FRUIT	WATER
WEDNESDAY	GRATIN VEGETABLE	SHREDDED BEEF	SALAD	YOUGHURT	WATER
THURSDAY	BEEF SAUCE SUPREME	GRILLED CHICKEN WITH MIXED VEGETABLE	SALAD	FRUIT	WATER

4

WEEK

SUNDAY	GRILLED CHICKEN WITH FRIED CAULIFLOWER	BEEF LASAGNA	SALAD	FRUIT	WATER
MONDAY	SPAGHETTI BOLOGNESE	CHICKEN MUSHROOM WHITE SAUCE WITH RICE	SALAD	YOUGHURT	WATER
TUESDAY	CHICKEN CURRY WITH VEGETABLE	SHREDDED BEEF WITH RICE	SALAD	FRUIT	WATER
WEDNESDAY	MIXED GRILLED WITH VEGETABLE	CHICKEN NOODLES	SALAD	YOUGHURT	WATER
THURSDAY	POTATO BILSEMEYA WITH KOFTA	BIRYANI CHICKEN	SALAD	FRUIT	WATER